

Our Father's blessing

In the book of Hebrews it says that the church (those who believe in God) are the firstborn, and that our names are written in heaven (see Hebrews 12:22-23). Each one who has been born into God's family has his or her name written in God's special book, and no one can ever snatch us away from God (see John 10:28-29).

Being the firstborn in God's family, means that we receive all the blessings from God, our heavenly Father.

"Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. For He chose us in Him before the creation of the world to be holy and blameless in His sight" (Ephesians 1:3-4). God already chose you (long ago) to be His child, and when you become part of His family by deciding to follow His ways, His blessing is upon you.

How does the Lord bless us?

Does the Lord bless us by giving us lots of things? God does provide us with every good and perfect gift, but a blessed life is not just about having things. God knows what is important, and lasting, and many of His blessings come in ways that may not be so obvious.



... filled to overflowing with God's blessings - Psalm 23:5

If you are healthy and you have food and clothes, you are blessed. If you have a loving family and good friends, God has blessed you. As a child of God you have an angel watching over you and God's mighty hand of protection. That is a real blessing!

In fact, God has such a big storehouse of blessings to pour out on us that we can't hold them all, and so they overflow to others.