

Faith for life

Everyday faith and more

When you pull up a chair and sit on it, you are putting your faith in the chair by believing that it will hold you. If the chair is reliable every time you use it, you eventually become fully confident that it will always hold you.

That is like our everyday faith in God: having seen His faithfulness to us in the past we can confidently believe that He will hold us at all times, wherever we are – even in situations we've never been in before.

Yet there are times when we need more faith than our everyday trust in God. You might find yourself in a situation that feels as though you've been blindfolded and told to sit, and you don't even know if there is a chair. That's when you have to trust the person who is leading you and believe that there is actually a chair to sit on. That's when you realize that the chair is still reliable even when you cannot see it and that God is still reliable even when you cannot feel His presence. (See what Jesus told Thomas about seeing and believing in John 20:29.)



How can you have more faith?

- Talk to God about every detail of your life and stay close to Him (see John 15:7).
- Notice the things God is doing in your life and the way He helps you. Also, remember to thank Him for things He has done for you in the past (see Philippians 4:6).
- Faith comes from reading and believing the Bible. As you read about God, you'll get to know Him better and your faith in Him will grow (see Romans 10:17).